



## ST HELENS PARK KINDERGARTEN

### SUNSAFE POLICY

Aims: To promote sun safety and awareness among the kindy community

- To ensure that all children and staff are protected from skin damage caused by the harmful ultraviolet rays of the sun
- To encourage positive attitudes towards skin protection
- To encourage lifestyle practices to help reduce the incidence of skin cancer

The policy will be implemented between September 1- April 30 of each year.

Strategies:

1. children will be encouraged to avoid direct exposure to the sun between 10am-2pm (11am-3pm daylight saving)
2. children will wear a hat with a brim (broad; legionnaires; bucket) when in the outside environment away from the verandah. Children not wearing a hat will be able to access activities under solid shade ie verandah
3. children are encouraged to wear clothing with sleeves
4. activities will be organised in the shade wherever possible
5. sun and skin safety awareness will be incorporated into the regular curriculum
6. outdoor environment will be maintained with shade areas
7. staff will model sun safe practices
8. children will be supervised to apply their own roll-on sunscreen prior to afternoon exposure and activities (ROLL ON SUNSCREEN TO BE SUPPLIED BY PARENT). In the event of no supplied sunscreen the staff will assist children in applying sunscreen from The Cancer Council brand of sun lotions
9. parents are encouraged to apply a broad spectrum sunscreen to children prior to arrival at kindergarten

The purpose of this policy is to ensure that all members of our community are protected from skin damage caused by harmful rays of the sun.