

Streaky Bay Children's Centre Newsletter



J A N U A R Y 2 0 2 3



Government of South Australia
Department for Education

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DIARY NOTES.

- **Monday 30th Jan** first day of kindergarten and Occasional care .
- ♦ **Friday February 3rd** —Playgroup 9.30am—11.30am
- ♦ **Monday Feb 6th**—Welcome night BBQ for all families 5.30 – 7pm.
- **Monday Feb 13th**—SBCC Annual General Meeting 7pm. All encouraged to attend.
- **Thursday Mar 16th** —clean up Australia day at the Jetty Beach.
- **Monday Mar 13th**—Adelaide cup holiday.
- **Saturday March 28th**—SBay races. The SBCC will be running the gate and collecting the cans the next day as a centre fundraiser. A roster will be distributed to families in the coming weeks .

Dear Parents and Caregivers,

We extend a warm welcome to all preschool, occasional care and playgroup children and families for 2023, with a special welcome to those who are becoming involved in our centre for the first time. We hope everyone had an enjoyable Christmas and New Year break with friends and families.

Staff have been working hard over the last week to provide a learning environment that stimulates curiosity and creativity in children's play whilst also providing play spaces that reflect on what we already know about children's interests and developmental needs. Thankyou for the information you share about your child, this is invaluable for our planning.

Our learning focus in 2023 is

1. To increase children's confidence in using mark making (drawing, scribbling and writing) to communicate their thinking and ideas.
2. Supporting children to recognize their emotions and to build self regulation skills.

In recent weeks I have been meeting with Facilities teams to implement some major upgrades to the outdoor learning environment which we have been waiting on for a long time, including the replacement of a large proportion of our fencing as well the upgrade of our front yard.

We invite all families to an informal gathering on Thursday Feb 9th at 5.30pm at the SBCC for a sausage sizzle as an opportunity to meet staff and other families.

We value enormously the contribution made by families which adds strength to our programs. In 2023 we look forward to building strong partnerships between children, educators, parents and families. Please speak with staff about any ideas, queries or information you wish to share about centre programs or about your child's interests, needs and learning.

We are looking forward to working together with children and families this year, encouraging children to reconnect and build new friendships, as well as being involved in new ideas, play and learning.

Wendy Carcuro



Kindergarten information

Wendy, Kate, Mandy and Bec are looking forward to working in partnership with parents and children this year. Bec and Mandy will be employed as extra staffing for the first 2 week to ensure a smooth transition for children and families into the preschool program, Bec will then work on Tuesday and Mandy on Thursday for 1/2 days to support children with identified needs. We have 22 children who will begin the kindergarten year together and will have another group of kindergarten children join us in term 3 as this is the first year of mid year intakes. In the first few weeks we will be focusing on ensuring children feel safe and secure, begin to build relationships with staff and other children and develop a sense of belonging.

Parents can help their children to transition by :

- ⇒ Talking with your children about the staff and children and what they like to play with while at kindergarten.
- ⇒ Involving children in packing their bags and lunch boxes. Please include a hat, spare clothes, water bottle, packed lunch and a fruit/vegetable snack. **Lunch needs to be labelled and placed in the tray provided so that it can be stored in the fridge. Snacks and water bottles and lunch are to be placed on the trolley at the entrance.**
- ⇒ Ensure children have enough sleep the night before and breakfast before they arrive at kindergarten at 8.50 am so that they are prepared for the day ahead. Staff will endeavor to greet all children and parents as they arrive. Children need to have their lunch before kindergarten on Mondays if possible.
- ⇒ Help children sign in, apply sunblock, find their locker, unpack their bag & find an activity they may like to engage in.
- ⇒ We ask that parents sign their child in on arrival and when they leave at the end of the day. The sign in book is located at the front entrance. Please write in the notes if there are to be alternative pick up arrangements for your child. Thankyou
- ⇒ We have a group time in the mornings at approximately 9.20am with stories, songs and group discussions.
- ⇒ Our weekly program with what we are doing for the week is located in the front entrance.

We value any feedback, ideas, suggestions and shared information from families.

Please bring in or email your family photo that we can place on the notice board. This helps children and families build a sense of belonging to the centre as we share a photo of our wonderful new Kindergarten families.



Kindergarten Fees for 2023

Termly fees \$75

Annual Fee \$300

Fees can be paid by cash, cheque or Direct Credit.

Streaky Bay Children's Centre

ANZ Bank

BSB: 015 436

Account Number: 298 102 914

Occasional care information

We are looking forward to working in partnership with parents and children this term.

Any new children who are attending occasional care for the first time we ask that parents stay with them until they feel comfortable for the first 2 sessions. This will help them feel safe and secure as they transition into occasional care.

This term **we have 43 children** enrolled. All parents should have received a letter or email outlining booking details and dates, if not please contact the centre. Please place this in a visible place as parents will be charged for sessions they have a booking for. Please see staff if you would like another copy.

Cancellations need to be made by 8.30am on the day of the booking to allow staff enough time to attempt to find a replacement booking. Staff will not make phone calls after 8.45am as they have commitments to working with children in their care.

On arrival can parents please remember to

- ⇒ Sign in at the front entrance and check the daily notice board for any important notices
- ⇒ This year the occasional care lockers will be in an other room due to high numbers of children. Staff will direct you on the first day.
- ⇒ Place named lunch boxes and water bottle on the trolley. Please include at least 1 fruit or vegetable as this will be the first snack of the day. Place an ice pack in lunch box or place items such as yoghurts in fridge in hot weather.
- ⇒ Please place 1 named nappy and baby wipes in the basket provided.
- ⇒ Place spare nappies, hat and spare clothes in the child's locker.
- ⇒ Ensure that children have sunblock applied (sunblock is available). Please use chemical free sunblock as we have a staff member who has a skin reaction to other sunblocks.
- ⇒ Help child settle in an activity and inform staff of any information

Families with health care cards need these to be sighted by a staff member by Feb 13th, to continue to receive subsidised fees. Please bring in updated immunisation records. Fees can be paid termly or at the beginning of each session. Occasional care fees are \$1.50 per session for families with a health care card or \$5 per session with no concession card, 1/2 price for second child.

Centre T- Shirt Price List

A range of colours and sizes 2, 4 and 6 with the centre logo.

T- Shirts \$20

Long sleeve T-Shirts \$20

Polo Shirts \$20

Hooded Wind cheaters \$32

Hats \$20

Second hand items available for \$5 each.



Invitation to Welcome Sausage sizzle.

For all families involved in the Streaky Bay Children Centre

When : Monday 6th February 5.30pm –7pm at the Streaky Bay Children's Centre

Free sausage sizzle for all the family. Families are welcome to bring a salad

An opportunity to meet staff members and other families from kindergarten , occasional care and playgroup.

ALL WELCOME

Please note this is an alcohol free event.

Congratulations to Elle and Robert Miller on the birth of their baby boy "Nasiah Frederick"



Congratulations to Tayla and James Westley on the birth of the baby girl "Daisy River"

All families are invited to attend the

Annual general meeting

Monday February 13th 7pm at the Streaky Bay Children's Centre

All Parents are welcome and encouraged to join our Governing council.

Sun smart policy



Our Sun Smart policy states that all children and staff need to wear a broad brimmed hat in terms 1, 3 & 4 or when the UV is 3 or above. Please ensure your child has a hat packed every day, particularly as we encourage children to engage in outdoor play. Hats or clothing must not have drawstrings due to safety reasons. Children must wear clothing that has sleeves and covers their shoulders. Sun block is to be applied as children arrive at the centre.

PLAYGROUP

EVERY FRIDAY 9.30AM-11.30 am (EXCEPT THE LAST FRIDAY OF THE TERM)

Playgroup is an informal gathering of parents and caregivers and their children from birth to pre-school.

Playgroup provides the opportunity for children to learn through play and interaction with other children, while also providing opportunities for parents/caregivers to develop social and support networks. Playgroup provides the opportunity for uninterrupted play with your child which is often difficult at home.

Who can attend: - Children under school age (0-5 years) and their parents or carers.

What to bring: - Please bring a piece of fruit or snack, drink bottle, a hat and any items your child may need such as nappies, spare clothes etc.

Cost: \$2 per child.

Weekly parent volunteers Encouraged to help run Playgroup for 2023

. Please let us know if you wish to help out with playgroup or have any suggestions about play experiences which could be provided.

Thankyou

FREE Baby, Toddler and Preschool Reading Packs provided by Raising literacy Australia. The new Reading packs for families will be distributed shortly .

Raising literacy's vision is to enrich Australian children's lives in the early years through literacy. One of the ways to do this is by providing free reading and play resource to all SA families through the Reading Pack program. *" The early years of life are the best opportunity to lay the foundations for a child's future. By getting it right in early childhood, we plant the seeds for tomorrows engaged and active student, productive and skilled worker and confident and loving parent.. (COAG 2009).*

BOOKCLUB

Parents will regularly receive bookclub catalogues throughout the year. Families are invited to purchase books if they wish (this can be done online).

Books are a fantastic resource for families to have in their home as reading regularly to children has enormous benefits in building children's listening, vocabulary and thinking skills.

The centre receives credits from families purchases which we can use towards resources for the centre.

STAFF for 2023

We are excited to meet new children and families, and look forward to sharing and working together to support your child in play and learning. All staff who work at the centre are part time, please note the days, times and roles listed below. Please don't hesitate to ask if you have any queries.



Wendy Carcuro

Director

Mon, Tues, Wed am
& Thurs



Kate Hood

Teacher

Mon, Tues &
Thurs



Mandy Guidera

ECW Preschool

Support
Thurs.



Bec Godwin

ECW Occasional care
& Preschool support
Mon, Tues & Wed



Toni Foster

ECW Occasional
care.

Mon am. & Wed
Admin Mon pm

CENTRE TIMES AND SESSIONS.

Kindergarten Monday PM session 12.15pm—3pm.

Tuesday & Thursday all day 8.50 am—3pm.

Occasional care Monday & Wednesday AM 8.45 am-11.45 am

Monday & Wednesday PM 12.15 pm-3.15pm

Playgroup Friday 10am –12 noon.

Volunteers Needed

We welcome and value any volunteers who would like to help at the Streaky Bay Children's centre. There are many ways you can help, such as gardening, helping on excursions, helping to run playgroup, cooking, book covering, joining Governing council. If you think you can help, talk to Wendy to find out more. Please note regular volunteers are required to have a current police clearance screening.

Relief Staff

At times relief staff work at the centre when staff have training commitments or leave. We try to ensure regular relief staff for continuity with children

Philomena Montgomerie will be working for Wendy on 16 Feb, 6th March & 7th March as I attend leadership training in Pt Lincoln and Adelaide. Erin Lacy will relieve for Bec for 2 weeks in March as she takes leave.

Healthy Eating Guide for Streaky Bay Children's Centre

Developed in accordance with Right Bite Food and Drinks Strategy

Kindergarten families please pack lunch and snacks separately as lunches are placed in the fridge at the beginning of the day and snacks remain on the trolley for children to access as needed throughout the day .

Helpful resources [Right Bite Healthy Food And Drink Supply Strategy For SA Schools And Preschools](#) | SA Health

<https://healthylunchbox.com.au>

Lunch suggestions

- ⇒ Sandwiches—filled with salad, carrot, cheese, ham, chicken, beef, lamb, tuna
- ⇒ Bread-rolls, English muffins, focaccia, pita, Turkish bread, wraps
- ⇒ Rice cakes, plain, with cheese, dip
- ⇒ Cold baked beans
- ⇒ Home made savoury muffins, eg carrot, spinach and cheese.
- ⇒ Home made sushi
- ⇒ Home made pizza or pitta bread.



Snack suggestions

- ⇒ Fruit—fresh, canned or dried
- ⇒ Vegetables— vegetable sticks eg celery, carrot, broccoli, snow peas, capsicum, cucumber
- ⇒ Cruskits plain, with cheese, dip
- ⇒ Plain crackers— vitawheat, saladas, sakatas
- ⇒ Cheese, yogurt

Water to drink

Lunch

- ⇒ Processed meat— sausages, frankfurts, fritz
- ⇒ Pastry foods— eg sausage rolls, pasties.

Snacks

- ⇒ Savoury biscuits with flavoured salt eg bbq shapes
- ⇒ Muesli bars
- ⇒ Small portion of home made cake with no chocolate or icing
- ⇒ 25g sweet biscuits
- ⇒ Vege chips

We encourage
no more than
2 Amber
foods

Please do not send

- ⇒ Roll ups, fruit leathers, fruit bars, jelly snakes, jelly fruit, balls or dried fruit with yogurt
- ⇒ LCM bars, lollies
- ⇒ Cakes /biscuits/muffins with chocolate and icing
- ⇒ Potato chips and doritos
- ⇒ Anything flavoured or containing chocolate.

**Please remember we are an
egg, nut and coconut aware
centre .**



