# **Health and Safety**

Please refer to - www.decd.sa.gov.au/policiesreg168 for all DECD required policies and procedures (Reg 168) and the policy folder located at kindergarten for site specific policies.

#### **Sun Protection**

The children are asked to wear hats when playing outside from 1<sup>st</sup> August until April 31<sup>st</sup>. We ask that you apply sunscreen to your child prior to coming to kindergarten otherwise sunscreen is available for children to apply on arrival and again at lunch time.

See: Our Sun Protection Policy is available in our policy handbook

# **Water Play**

Children are encouraged to play with water at the educator's discretion. Water activities will be available all year. Please pack spare clothes in case your child gets wet during play.

# **Toileting**

Children are encouraged to manage their toileting needs independently at kindergarten. Staff will provide support as they learn the skills to be independent. It may help if they wear clothes that enable independence such as shorts with elastic, skirts or Velcro fasteners. If your child has specific toileting requirements due to any special needs please discuss these with staff prior to starting kindergarten.

## **Allergy Aware**

As some children have severe allergies to nuts, we are a nut aware kindergarten and endeavour to be nut free. All food, which contain nuts or may have traces of nut products are prohibited from being consumed at kindergarten and will be sent home. We also have a child who has an allergy to eggs, we ask that parents do not sell whole egg products such as boiled eggs.

#### **Nutrition**

We encourage the children to eat nutritious food and to drink **water**. We ask that children do not bring foods such as muesli bars, fruit bars, sweet biscuits, potato chips etc. Please send food in re-useable containers. No squeezy yogurt/fruit tubes or fruit juice thank you.

Morning snack is fruit or vegetables.

We request that families place named lunches in the tray provided in the kitchen on arrival at Kindergarten for it to be placed in the fridge.

#### **Birthdays Celebrations**

We celebrate birthdays at kindergarten by singing happy birthday, blowing out the candles on our wooden birthday cake, receiving a birthday card and wearing a birthday sticker. In support of our healthy eating policy please do not send birthday cakes to share.

See: Healthy Food Supply & Nutrition Policy

### Illness or injury

If your child is unwell prior to coming to kindergarten it is in the best interests of the other children to keep them home until they are well.

Please inform the centre when your child has an infectious disease so the spreading of disease can be minimised.

A number of contagious illnesses require children to be exempt from attending kindergarten. Please contact educators if unsure.

See: More information about infectious diseases available in our handbook.

Minor injury's will be treated by educators, recorded and reported to parents.

# **Emergency Procedures**

In the event of your child becoming ill or having an accident at kindergarten, we will contact you or your emergency contact person. In an emergency, educators will call an ambulance, which is at the parent's expense.

#### Medication

Educators must be notified of any allergies your child has. A health support plan must be completed and signed by the doctor before educators can administer any medication.

Any asthma and severe allergy medications are to be given to an educator on arrival.

## **Mandatory Reporting**

Educators are legally obliged to report any indications or incidence of child abuse that comes to our attention.

Child Protection Curriculum (CPC) is a mandated programme implemented in all kindergartens.

#### **Smoke Free Zone**

Please be aware that the kindergarten premises, buildings and grounds, are a SMOKE FREE ZONE.