#### welcome to





At The Lady George Kindergarten, our pedagogy is guided and informed by the principles of the Early Years Learning Framework. This includes the building of trusting relationships and partnerships with the children, families, educators and the wider community and supporting high expectations and equitable outcomes for all children through professional learning, inquiry and reflective practice.

Our philosophy is to provide children with time and space to have the freedom to play and develop dispositions for learning necessary life skills such as confidence, resilience, persistence, compassion, commitment, problem solving and cooperation.

The diverse range of cultural backgrounds within our kindergarten community is celebrated within the program. Traditions, values and beliefs are respected and are an integral part of the opportunities for children's learning.

We acknowledge the Traditional Owners and Custodians of the Lands across Australia. We also acknowledge and extend our respect to Elders, past and present. We recognise and celebrate the contributions of Aboriginal and Torres Strait Islander peoples as the First Peoples of Australia, including their role in the education and care of children. We also acknowledge and recognise the rich histories and diverse cultures of Aboriginal and Torres Strait Islander peoples, and the valuable contribution their diversity brings.

THE LADY GEORGE KINDERGARTEN
27A HIGHGATE STREET HIGHGATE SA 5063 | 08 8271 6343
DL.4689.LEADERS@SCHOOLS.SA.EDU.AU
WWW.PRESCHOOLS.SA.GOV.AU/THE-LADY-GEORGE-KINDERGARTEN/

## Our educations



Catherine

With over 12 years teaching in preschools, Catherine joined the Lady George team as Director in 2023. She loves connecting with children and listening to their thoughts and ideas. When not at kindy Catherine is spending time with her two kids, or taking her dog, Josie, on hikes through the Adelaide Hills.



Simone Teacher With over 25 years leading and teaching for the Department for Education, Sim has been at Lady George for 7 years. She loves to create meaningful, authentic relationships with children and families to support the special learning that happens during the kindergarten year. Sim is very creative and expresses herself through music and art. Simone is a Mum and a Nanna and her favourite colour is green.



Tammy Teacher Tammy has worked in Early Childhood Education since 1996 and has been at Lady George for 12 years. She loves the enthusiasm the children bring to kindy and facilitating their learning through play. Tammy is passionate about caring for our planet and teaching the children to do the same. When not at kindy Tammy enjoys time with her family and dogs and is an avid reader. Her favourite food is sushi.





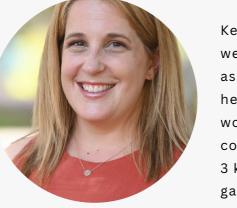
**Kirsty**Early Childhood Worker

Kirsty started working in Early Childhood education at the Lady George in 2017. She loves helping the children with arts, crafts and gardening - watching as they learn and grow. Kirsty is an accomplished pastry chef and loves cooking for others. You will often find Kirsty camping off-grid with her family in Arnhem Land, fishing and cooking by campfire. Her favourite colour is hot pink.



Nicolette
Early Childhood Worker

Nicolette started at TLGK at the beginning of 2023. She is currently studying a Bachelor of Early Childhood Education part-time while working as an ECW. She loves to do things outdoors like bushwalking, kayaking, gardening and exploring new places. Nicolette has a sweet tooth, particularly for cakes and puddings. She has 3 daughters and a puppy called Blue.



Kelly started at TLGK in 2022. She works one day a week at the Kindy keeping the finances in order as well as undertaking other administrative tasks. Kelly loves hearing the kids play in the background while she works and is often amazed by some of their conversations. When not at kindy she is busy with her 3 kids, renovating her home and pottering in the garden.

Kelly
Finance and Administration



### Curriculum Framework

The Lady George Kindergarten uses the Early Years Learning Framework for Australia – Belonging, Being and Becoming - to plan and assess children's learning and development.

#### Early Years Learning Framework

The following learning outcomes within the Early Years Learning Framework (EYLF) are used to describe children's learning:

- Children have a strong sense of identity
- Children are connected with and contribute to their world
- Children have a strong sense of wellbeing
- Children are confident and involved learners
- Children are effective communicators.

#### **Indicators of Preschool Numeracy and Literacy**

The indicators of preschool numeracy and literacy describe the child being and becoming numerate and literate. These are evident within each of the 5 learning outcomes described above.

#### **Numeracy indicators:**

- I explore and understand my place and space in the world
- I measure and compare my world
- I analyse, read and organise the data in my world
- I quantify my world.

#### Literacy indicators:

- I use language to connect with my world
- I understand the language of my world
- I engage with texts and make meaning
- I represent my world symbolically.

BELONGING, BEING & BECOMING



The Early Years Learning Framework for Australia



# Our kindergarten day

Each day at Lady George follows the same rhythm. Our goal is to create stretches of time for children to engage in deep learning through sustained play. Rigid times are not allocated as experiences flow through the day.

**8.30am Welcome, drop off and parent sign in.** TLGK children are encouraged to participate in the morning routine. Morning snacks are put in the snack trolley. Lunch is left in the child's bag. Drink bottles are placed in the drink trolley to access throughout the day. Your child can then choose a locker to keep their bag in for the day.

Then move to learn and uninterrupted play. After a short time inside where we encourage children to engage in the move to learn program, children can then choose to play inside or outside.

**Then morning snack,** which is integrated into the morning session. Children can access this from the snack trolley. After washing their hands, children sit on the snack mat. We encourage children to bring a healthy and nutritious snack.

**Then gathering time.** When the bell rings children gather together for group experiences. This may include focused activity linked to the program such as books, songs, games or discussions designed to engage the children in deep critical thinking and learning.

Then lunch. Children wash their hands and sit together to eat their lunch as a group.

**Then relaxation.** Once children have eaten their lunch they participate in relaxation time with books, quiet music, audio stories and other mindfulness experiences.

Then inside and outside play.

Then afternoon snack is offered. Children choose if they would like an afternoon snack.

Then pack up.

Then gathering time. When the bell rings children gather together to mark the end of the day.

**3pm Collect children and sign out.** Staff will dismiss children once their collecting adult has been sighted.



# Our kindergarten day contd

#### What to wear

Wear loose, comfortable clothing and shoes that will be easy to run, climb and play in. Please ensure you dress your child in clothes that you don't mind getting a little wet, painty and messy. Please apply sunscreen before arriving and children will be asked to reapply throughout the day before outside play.

#### What to bring

- Chang of clothes (extra t-shirt, jumper, pants, underwear and socks, all labelled)
- Labelled sun hat in terms 1, 3 and 4
- Named water bottle filled with water (sweet drinks attract ants, please avoid these)
- Labelled lunchbox with a nutritious lunch. Use an ice pack inside the lunchbox during warmer months to ensure your child's food is kept cool.
- A healthy morning snack in a separate named container
- An afternoon snack

#### What to do at drop off

An educator will welcome you as you enter the main gate. Please hand wash/sanitise and sign your child in. Your child also needs to wash their hands in the bathroom. Please help your child to pick a locker to place their bag in for the day and put their morning snack and drink bottle into the appropriate trolley.

#### Greetings and settling

Greet an educator with your child and help connect your child with an activity before saying goodbye. You are invited to stay as long as you need to settle your child. If you are concerned that your child will be upset when you leave, please speak to an educator who will work with you to make the process as smooth as possible. Notify a staff member and write a note in the diary if your child is going to be collected by someone other than yourself. This person should also be recorded and authorised by a parent/guardian on the preschool enrolment form.

## Kindergarten Session Times

We operate according to SA school term dates. A termly planner will be provided.

#### Karra Group

Attend Mondays and Tuesdays each week from 8.30am-3pm as well as Fridays in weeks 1, 3 and 5 of each term.

#### Mirnu Group

Attend Wednesdays and
Thursdays each week from
8.30am-3pm as well as
Fridays in weeks 2, 4 and
6 of each term.

# Food for kindergarten

#### Ideas for snacks and lunchboxes

We encourage the children to eat nutritious food and to drink water throughout the day. We focus on children learning about nutrition and eating the foods that help their bodies move, learn and grow. We also encourage families to reduce or eliminate packaging in their lunch boxes by using reusable containers, as this greatly supports your child's learning about sustainability.

Healthy ideas include wraps, sushi, rice, noodles, sandwiches, yogurt, cheese and crackers, fruit, vegetables, hard boiled eggs, sliced meat, tofu and dip.

#### Food, snacks and drinks

Families are responsible for preparing and packing food for their child. Fruit/Snack time and lunch time are part of the everyday learning program at The Lady George Kindergarten. Eating together is a social time in which children have an opportunity to interact with each other and educators.

Nutritious foods are those that are low in sugar, salt and fats. These foods are not over processed and have nutritional value for your child. Any uneaten food will be sent home so that you are able to gauge your child's intake. All children bring their own food from home, sharing of food at kindy is NOT allowed.

#### **Allergy Aware**

The Lady George Kindergarten is allergy aware and we ask families not to send nuts or nut products in lunch boxes.

#### Birthdays

Children's birthdays are celebrated with a 'Happy Birthday' song and a sticker. Please avoid sending birthday cakes, birthday food or other treats to kindergarten.

Foods we recommend:

Vegetables/Salad
Sandwiches with healt
fillings
Sushi
Yogurt (not in squeeze
pouches)
Rice/Noodles/Pasta
Dry biscuits
Dried fruit
Fruit muffins/scones

Please <u>DO</u>
NOT send:

Chips
Lollies
Chocolate
Iced cakes
Drinks other than water
Nuts of any kind (including in muesli bars)
Peanut butter
Nutella



### Communication

#### Class Dojo

We use Class Dojo to communicate between kindergarten and home. Regular updates include photos, reminders and important information for your child.

Class Dojo can be accessed from a phone, tablet, or computer. You will only have access to your child's account and your messages to the educators will be direct and confidential. The app is free and is password protected. You will be emailed a link and instructions once your child has commenced kindergarten.

#### **Parent Conversations**

Throughout the year there will be opportunities for parents to meet with their child's teachers both formally and informally. More information will be given to you once your child starts kindergarten.

#### Website

Parent information including our Handbook, Quality Improvement Plan and Site policies are available on the website for you to access at any time:

www.preschools.sa.gov.au/the-lady-george-kindergarten

If parents wish to speak to an educator for further information please call the kindergarten, email the Director (dl.4689.leaders@schools.sa.edu.au) or send a message via Class Dojo.





## Medical conditions

It is the responsibility of parents/caregivers to provide adequate information regarding their child's health condition/s. This information is important in informing educators on how they can help with your child's health conditions at kindergarten.

Educators will seek emergency medical assistance for your child as required (e.g. medical practitioner, ambulance or hospital). Parents/caregivers will be responsible for costs incurred.

#### **Health Care Plan**

Children with diagnosed medical conditions will require:

- an Action Plan completed by a Medical Professional
- a Health Support Plan and a Safety and Risk Management Plan completed in collaboration by the kindergarten and the family.

If required the appropriate medication needed is to be kept on site at all times. Parents will need to replace the medication when it is past the expiry date. The medication must have a pharmacy sticker on the actual medication (not just on the packaging) with the child's name and dose clearly stated. Without all 3 plans and medication requirements completed, the children will not be able to attend kindergarten.

#### Medication

If medication is to be administered by the educators, eg antibiotics, a Medication Agreement form needs to be completed by the treating doctor. Please note: educators are not allowed to give the first dose of a medication. If your child requires medication, please consider if they are well enough to be at kindergarten. No over the counter medication can be given (including creams) without a Medication Agreement form being completed by a doctor.

#### Illness

If your child shows signs of being ill, it is best for your child to stay at home. When a child shows symptoms of illness while they are at kindergarten, the educators will care for them and then contact the parents or an emergency contact person. Please inform the kindergarten of any illness that your child may have so that we can help to minimise outbreaks.

#### **Incidents and Injuries**

If your child has a minor incident or injury at kindy eg cut/scrape/bump, the child will be provided first aid at kindy and details of the incident will be provided to you through Dojo. You will be asked to sign an incident form at pick up time. You will be contacted by phone if a major incident or injury occurs that might require further medical attention.



# Children's safety

The Kindergarten gate is locked during the day.

#### Collecting children from kindergarten

Children cannot leave the kindergarten with anyone unless they have been authorised by a parent/guardian. You must inform educators if anyone other than the parents/guardians of your child, or those nominated on the enrolment form, will be collecting your child from kindergarten. They will also be asked to show proof of identity. If you decide to add any other emergency contacts throughout the year, you will need to complete an 'Emergency contact update form.'

#### Signing in & out

As part of our ongoing practice in providing quality supervision of children in our care, all parents/caregivers will be required to sign in and sign out their child on a daily basis. Sign-in sheets are located on the desk at the entrance to the kindergarten. Any special arrangements regarding drop-offs and pick-ups can be communicated via the sign-in sheets.

#### Attendance and Absence

Please notify us as soon as possible if your child will be absent, as we need to report on attendance daily. You can call, SMS the kindy mobile number (0429 349 706), email or use Class Dojo.

#### **Change of Address and Phone Numbers**

Please inform educators as soon as possible if there is a change to your home or work address or phone number. Current records are essential in an emergency.

#### **Emergency Practice**

Our Emergency Evacuation and Lockdown Drills occur each term for both evacuation and lockdown procedures respectively. This is to ensure the children are familiar with the procedures. The Evacuation and Lockdown Plans are located at the front entrance and exit doors.





## Important Information

#### **Lost Property**

It is advisable to have your child's name on their clothing, shoes, bag, drink bottles and food containers. Owners can be more readily found if items are named. If your child does lose something, there is a Lost Property bin outside the entrance to the lockers. Contents are donated to charity at the end of each term, if not claimed. Permanent textas are available if you need.

#### Sunsmart

The Cancer Council recommend that all children are adequately protected from ultra-violet radiation throughout the year. Ultra-violet radiation cannot be seen or felt, and the intensity of such radiation is not directly related to temperature. Families are reminded about the importance of applying sunscreen before children come to kindergarten. Children are supported to be responsible for their own sun protection at kindergarten. This includes hat reminders and the re-application of their own sunscreen. Sunscreen is supplied at Kindergarten, however if your child has specific allergies to sunscreen you will need to supply your own - labelled with your child's name - and complete a health care plan.

Hats are mandatory for outside play from September to April. Outside of these times sunscreen and hats are required as per the daily UV rating of 3 and above. Sunscreen will be applied in the middle of the day. If the UV is 3 or above, children who do not have hats will not be able to engage in outside play. The kindergarten has a limited supply of spare hats.

#### Toileting

Children are encouraged to manage their toileting needs independently at kindergarten. Staff understand that each child learns at their own pace and will provide support as they learn the skills to be independent. Clothes with elastic waists can further support your child's autonomy. If your child has specific toileting requirements please discuss this with us prior to the start of kindergarten so that we can support them appropriately.

#### Washing roster

Families are asked to assist with the washing (tea towels, smocks etc.) once during your child's time at kindergarten. The roster is placed on the family notice board. When it is your turn to do the washing, you will receive a message via the Class Dojo communication app.



## Enrolment in school

It is compulsory for children six years or older to attend school.

It is important for <u>you</u> to register your child at your local school or the school of your choice. Attendance at The Lady George Kindergarten does not guarantee a position at the local primary school.

Your child will participate in a school transition program, which is a series of visits to their primary school, usually the term prior to starting school. This will be organised by the school.

Parents are responsible for taking their child to school visits and for picking them up afterwards.

#### Please note:

We operate independently of any school. Whilst we will endeavour to make the transition from kindy to school as seemless as possible, school related questions need to be directed to the school of your choice.

# Fees and charges

Kindergarten costs \$260 per term. Fees are collected to assist in resources for your children. Invoices are issued in week 1 of each term and payments are due within 30 days. Payments can be made via direct deposit into the kindy bank account:

Account Name: The Lady George Kindergarten

BSB #: 633-000 Account #: 167 848 050

Please ensure that you include your child's name and the invoice number as the reference for all payments made to kindergarten so we can correctly attribute your payment. Payment terms can be arranged, please discuss your circumstances with the director.

Excursions outside the kindy that require a cost will be charged for accordingly.

Children cannot leave the preschool without prior parent/guardian consent. You will be notified in advance of local outings (e.g. walks) and/or planned excursions. All necessary information pertaining to local kindergarten outings and/or planned excursions, and a separate consent form, will be issued for each instance. A risk assessment is completed for all outings and/or excursions.