



Tintinara Area School NEWSLETTER

Term 2 Week 3 - 16th May 2022

TERM DIARY DATES

School Photos	Tues 17th May
Walk Safely to School Day	Fri 20th May
PRE-F Zoo Excursion	Thurs 26th May
Year 7-12 Flinders Uni visit	Mon 30th May
Year 10 Immunisations	Wed 8th June
Student Free Day	Fri 10th June
Public Holiday	Mon 13th June
Last Day of Term 2	Fri 8th July
Early Dismissal 2.15pm	Fri 8th July

School Happenings



Music Week!



**9-A Side
Football**



**Chess
Tournament**



Suggestion & Feedback- DL.0438.feedback@schools.sa.edu.au or to the box in the front office.



Government of South Australia
Department for Education



News from the Principal



A very big welcome back to all of our readers to Term 2! I can only hope that this term is much more smooth sailing for our students, families and staff after a whirlwind Term 1. Some restrictions are still in place for schools and we ask that you support the school in abiding by these.

Staff, students from Yrs

7-12 and ALL visitors – parents included, must still wear face masks when on site. We understand that this rule may not be the same out in the public, however this is a departmental rule following SA Health's advice and we ask that you comply with this when visiting our site.

With the change in weather we have also noticed that we are finding lots of jumpers laying around the school grounds. Can we please ask that you label your child's jumper so that if misplaced they are easily recovered and given straight back to their rightful owner. Hats are not required in Term 2, however students can, if they wish, continue to wear these when out in the yard. As per our uniform policy (attached to this newsletter), navy beanies are allowed to be worn, before school and during recess and lunch. Students are asked to take these off when in classes, as each class is heated accordingly.

Our first Student Free Day was held on Monday the 9th of May. Our secondary staff travelled down the highway to Coomandook AS to work on Mastery teaching in Mathematics. Coomandook's primary staff joined our primary team for a day delving deeper into The Big Ideas in Number and forming an agreeance around tracking and monitoring data in Mathematics. It was great to work collaboratively with one of our neighbouring schools and to share ideas so that we have consistency across the partnership.

As you may have already seen, work has begun on our new playground which will hopefully be installed by the end of this term. Site fencing will remain in place for the duration of the term, however this is so work can continue in readiness for the installation process. We will let you all know when the official unveiling will take place! This is our major project for the year and one that our students are very excited about. At students requests, we have also been fortunate enough to be able to provide our secondary area with a set of swings – you may not believe it – but you are never too old to go on a swing! These will also be installed in due course.

School photos take place tomorrow – Tuesday May 17th and we ask that students are presentable and wearing their full school uniform. We welcome Abbie Kelsall back from A Forever Moment who will be photographing our students and staff.

Please continue to monitor yourself and family members for coughs, colds, Covid and more. If your child is unwell – even with mild symptoms, the school asks that you keep them at home until they are FULLY recovered to ensure an outbreak does not occur. We thank you all for your support with this.

Keep warm and pause and take a moment to find the beauty in each day.

Regards

Jacqui Vandeleur

Principal

Meet the TAS team!



GET TO KNOW THE NEW STAFF AT OUR SCHOOL!



Name: Molly Smith

What is your role here at TAS? I teach Secondary Math and Science which includes 7/8 Math, 9/10 Math, 11/12 Math (Essential and General Math), 9/10 Science and year 12 Chemistry (Stage 2).

What do you enjoy most about your role so far? Getting to know my students and being able to work with all different levels of secondary, ranging from Year 7 to Year 12.

What do you like to do outside of school? I love playing sports but unfortunately I got injured last year so I am still in recovery. Otherwise, I love cooking and reading.

What was your favorite subject at school? I loved PE, Science and English.

What is your favorite food? Definitely pasta – I think I could eat pasta every day! Otherwise, I love all different Asian cuisines.

What is your favorite quote to live by? Change is the only constant. (It's not necessarily a quote but it's a saying that I love and try to remember when things get tricky).

If you could travel anywhere right now, where would you go? Malaysia!!! I grew up in Malaysia and my parents still live there so I'd love to go home, visit them and enjoy the sunshine and heat. Otherwise, Greece has always been on my bucket list.

Name: Kate Morris

What is your role here at TAS? I am the secondary English Teacher.

What do you enjoy most about your role so far? Getting to know and working with the students.

What do you like to do outside of school? Read, read some more, yoga, nap and hang with my husband. :)

What was your favorite subject at school? Hmm. I liked most of them because I love to learn, but in senior school my favourites were History and English.

What is your favorite food? Pancakes topped with banana, with hot chips as a close second.

What is your favorite quote to live by? A special friend gifted me a picture of one that I regularly remind myself to follow. It is, 'Cherish yesterday, Dream tomorrow, live for today'.

If you could travel anywhere right now, where would you go? Scotland - we loved it last time and there are lots of places we missed!





Music Week

During Week 2, of Term 2 our school ran a fun Music Week. Each day we held different music related activities for the students to engage in and enjoy!



On Tuesday, we were lucky enough to have Peter Combe visit where he played many of his much-loved famous songs. His concert was thoroughly enjoyed by both staff and students, there were lots of singing, dancing, clapping and big smiles from everyone!



During lunch some of our students joined in with Mrs. M playing the drums and dancing in the COLA. It was great to hear the music echoing across the quad throughout lunch time, enjoyed by our energetic students.



Music Week



The SAPOL Beat Band played for the whole school on Thursday. The students enjoyed the familiar tunes and movie themes. We learnt about the different instruments the nine musicians played. Road safety, police friendliness and emergency procedures were all reinforced during the concert.





Focus Class

3/4 CLASS

Lessons we have been enjoying and looking forward to this year...

I have enjoyed teaching other people footy in P.E. – Eddie

I have enjoyed Art because we have been learning about pointillism. Pointillism is a style of painting using dots or tiny strokes. – Sophie

I have been enjoying the Resilience Project because it calms me down. – Alyssa



I am looking forward to cooking in Home Ec because we are making salad. – Charlotte

I am excited for Library because I like finding new books to read. – Logan

I am enjoying Ag because we are making native plant posters and gardening. I love it so much! – Grace

I am looking forward to Daily 5 because I like to read. – Ally





I enjoy Home Ec because I like baking cupcakes. – Will

I have enjoyed Science a lot because I believe that learning about the three states of matter (solids, liquids and gases) is very important. – Georgie

I have enjoyed Maths because I have learned about the equals sign and taking away. – Nathan

I am looking forward to P.E. because we get to teach other people how to play football and we get to play football. – Jack



I have enjoyed Home Ec because cooking food and writing about the food is fun. – Mckenzie

I have enjoyed P.E. because we are playing footy and we are practicing handballing, kicking and marking. – Jason

I have enjoyed Maths because I have learned a little bit more about the equals sign. – Lydia

I have enjoyed Home Ec because we cooked mini pizza. – Aubrey

I have enjoyed P.E. because we get to practice footy. - Billy

I have enjoyed Home Ec because we get to make our own pizza. – Patrick





Stepping Towards Secondary

The Secondary students had an eventful finish to Term 1, participating in many extra-curricular activities. The Year 7-12 students had the opportunity to complete their Senior First Aid training through St Johns during Week 11 who were accredited with their training certificate for 3 years. We were very excited to be able to offer students the chance to complete this training, as we believe the skills you learn is an invaluable skill to obtain.

The Yr 9/10 class completed their first expedition in Outdoor Ed to the Ngarkat National Park where they tackled the Tyms Lookout Hike. The students had a strong focus on teamwork, leadership and communication whilst on the hike. They also developed skills in packing a rucksack securely and cooking a sufficient meal using a Trangia whilst camping. This Term we are focusing on navigation, and developing skills in compass and map reading. We will partake in a two day, overnight orienteering camp at Lutze's orienteering course.

Over the past two weeks, the Year 7 & 9 students have been working through their NAPLAN testing. They have shown our other students fine leadership skills in their efforts towards the testing and I trust that their results will recognise their effort.

This Term the Secondary students will be heading on an excursion to Naracoorte Caves accompanied by Mr Holdinghausen and Mr Carter. This excursion will be linked in with current topics the students are learning in HASS and Outdoor Ed. More to come on this.

If you have any queries regarding all things secondary please do not hesitate to contact the school.



On Thursday the 5th of May the Secondary students headed over to Karoonda to compete in an AFL 9@side carnival run by the SANFL and Blackwood High School. Many schools from our partnership competed in the day including Mannum, Meningie, Coomandook, Karoonda, Keith and Tintinara. We were lucky enough to enter 2 boy's teams and 1 girls team. All the students who participated showed excellent competitiveness and sportsmanship. It was a fantastic experience for not only students who play football outside of school to showcase their skills but also a chance for those who don't to be exposed to the sport and have a go.

Congratulations to the 7/8 boys team for finishing runner up overall in the carnival.

As we dive into Autumn and hopefully receive some much-needed rain, it will become wetter around the Ag block. Students are being encouraged to bring work boots or gumboots for their Ag lessons, so they don't ruin their joggers.

If anyone in the community has any vegetable seeds they would like to donate, our year 4/5 and 6 Ag class would kindly appreciate them for their vegetable gardens.



Our year 7/8's and 9/10's have commenced breaking in our school wethers in preparation for this year's Adelaide show.



In Week 9 of Term 1 the year 6 students had an excursion to Southern Cross Feedlot as a part of their Beef Cattle unit. The opportunity provided them with real life experiences on things like what is involved in running a feedlot on a daily basis, why cattle are fed certain grains and for how long, some things the feedlot is doing to remain environmentally friendly and some up and coming technologies that are emerging within the industry. We would like to thank Kelly Nankivell and Harrison Lightbody for giving up their time to provide such a wonderful experience.

Justine Green
Agriculture & Science Teacher



Sport News

Congratulations to the following students on their selections in the different sports. Some SAPSASA carnivals have already been competed in. Others are coming up and we would like to wish these students the best of luck. SAPSASA can be a great way to connect with other students in the region and a chance to build some lifelong friends along the way.

Softball

Hunter Johnston

Swimming

Sidney Vandeleur
Emily Sanders
Annie Vowles
Max Vandeleur

Athletics

Sidney Vandeleur
Hannah Harkness
Indi Thomas
Tansu Mpandambula
Sadie Nankivell
Hudson Hooper

Netball

Sadie Nankivell
Annie Vowles
Eva Zadow
Taylor Schilling

Football

Max Vandeleur
Sidney Vandeleur
Jameson Todd
Hayden Boxall

Girls Football

Annie Vowles
Sadie Nankivell
Stella Richardson
Pippa Nankivell
Evelyn Leske
Isabella Zacker
Phoebe Gregor



Last term, some of our students participated in the Interschool Athletics carnival. This was held at the Tintinara town oval and the set up looked great. Thankyou to the Tintinara Football club for allowing the River Mallee and Districts to host the carnival on their oval and to Wendy McCabe for running the canteen on the day.

Tintinara Area School had a successful day and were rewarded by winning the Junior Handicap pennant. All students participated well and showed determination and good sportsmanship. It is always a privilege going to these events and seeing our students represent the school in an exemplary manner.

We also had some students achieve individual honours and we congratulate them on their achievement.

Sidney Vandeleur – 10 year old boys champion
Hannah Harkness- 12 year old girls champion
Benny Hoddle- 14 year old boy champion

From Interschool, Benny Hoddle, Lucas Jovner, Mae Whitford and Max Johnston were selected in the SSSSA team which competed in Adelaide. Each of these students did extremely well.

We also have Hannah Harkness, Sidney Vandeleur, Indi Thomas, Tansu Mpandambula, Sadie Nankivell and Hudson Hooper selected to compete in SAPSASA Athletics in Term 3.

Emily Richardson
P.E Teacher

Dylan Carter
P.E Coordinator

Preschool Happenings



The visit from Julie Schofield from Murraylands and Riverland Landscape Board Education was very engaging. In addition to Julie's lesson about Threatened Flora and Fauna she also brought 'Precious Plants for Precious People' Silver Daisies that Preschoolers and Foundation students wrapped for Mothers' Day gifts during their Buddy lesson.

We enjoy playing with our Occasional Care friends on Wednesdays.

Preschoolers are learning about wild animals and enjoy dramatic play in our Safari jeep. We are looking at maps and what they tell us, in preparation for our excursion to Monarto Safari Park next week.

Jenny Prior
Preschool Teacher



ENROL NOW IN PRESCHOOL

Children who turn 4 before 1 May 2023 can access up to 15 hours of preschool per week.

For a great start in life, enrol your child in one of SA's nation-leading public preschools and kindergartens

Register your interest by 30 June for the 2023 intake

Learn more

Please contact Tintinara Area School on 8757 2187 to register your interest.

For more information visit www.education.sa.gov.au/preschool-enrolment

Government of South Australia
Department for Education



School News

Chess Trip



The Chess trip to Adelaide for eight of our students proved an absolute success, with the Tintinara team performing far above expectations at the tournament, which brought the best players from schools in Adelaide. We left at lunchtime on Sunday for our overnight stay, which provided an opportunity for the students to do some shopping at Marion, play a couple of games of bowling and finally experience all you can eat Pizza Hut - which was a mind-blowing concept for some! The students had an awesome night and were well prepared to tackle the challenge that lay ahead. It was a slightly nerve-wracking experience when the students met their challengers, but they were not fazed! The students were introduced to the rules of the tournament and went about playing their fixtures. After the fifth (of seven) rounds, Tintinara found themselves at the top of the leader board. However, after some tough opponents in rounds six and seven, we ended up with third, which is an amazing effort given that these students have only been playing for 6 weeks! It was a terrific trip down to Adelaide and an absolute privilege to be part of. Well done to all the students involved (and thanks Tara Vandeleur for assisting). All students did the school proud, and this experience will hopefully be a pilot for future Chess endeavors at Tintinara Area School.

Lachlan Mill
4/5 Class Teacher

Thank you!

The Foundation students would love to say thank you for the kind donation from Redback Tourers MC SA Inc. The donation will go towards our trip to the Monarto Zoo.



Walk Safely to School Day

On Friday 20th May our school will be participating in National Walk Safely to School day. On Friday we encourage students and their parents to walk safely to school. This event is held across Australia and helps promote road safety, health, and the environment.

To ensure those students who catch the bus have the opportunity to be involved, the busses will drop students off at the town oval. Staff will meet students at the oval and safely walk to school with them.



Bus Reminder

Reminder to parents to be at bus stops 3 minutes before drop off/pick up times.



TINTINARA AREA SCHOOL

PRIMARY F-6 HOMEWORK POLICY

TOGETHER ACHIEVE SUCCESS

Students at Tintinara Area School are encouraged to have homework Monday to Thursday nights. Homework is seen to develop a child's discipline and to practice concepts and skills already learnt at school. When homework is set, children are expected to write the assigned work in their diaries.

If children experience undue difficulty, parents are requested to send a note or email, explaining the nature of the difficulty.

If children are unable to do their homework because of circumstances beyond their control, e.g. visitors, illness, etc., parents should write a note, or send an email. Students who do not complete their homework will be required to do this during break time.

READING: All children should be **encouraged** to read every night! All students should have a reader, novel or text that they can use
No more than 10 - 30 mins should be 'set' by teachers.

SPELLING: All children should be **encouraged** to complete their spelling words at home three to four nights per week.

No more than the following limits should be 'set' by teachers.

Year Level	Spelling/Sounds	Reading	Total Time
Foundation	5 minutes - Sounds in Terms 1 & 2, sight words in Terms 3 & 4	10 minutes	10 minutes per night
Year 1	5 minutes spelling words	10 minutes	15 minutes
Year 2 & 3	5 minutes	10 minutes	15 minutes
Year 4	10 minutes + 5 minutes maths	10 minutes	25 minutes
Year 5 & 6	10 minutes + 10 minutes maths	10 minutes	30 minutes

Homework must be relevant to the work students are completing in class. Eg. Homework will not be set for the sake of 'doing something at home'. Homework will be set for students who need to complete a specific task that was not completed at school, so that students manage their own time as best they can during class time.

Children who have genuinely tried to do their best, should be praised and encouraged, even though they may not have completed all the work 'set'.



TINTINARA AREA SCHOOL

SECONDARY 7-12 HOMEWORK POLICY

TOGETHER ACHIEVE SUCCESS

1. All homework should be set for a purpose and be a meaningful part of a lesson plan.

2. Homework should be set for

- (a) completion of a day's work
- (b) preparation for the next day
- (c) extra assignments
- (d) revision
- (e) reading
- (f) self-development (set by students themselves)
- (g) to complete work missed because of absence

NB Students may be set "contract work" that makes them responsible for determining their own homework before the assignment is due.

3. Homework should generally not be set during holidays or on nights of school functions. Negotiations between teachers and students may take place over other times when homework is not set. For example Friday night instead of another day when sport training allows.

4. The following are guides for setting homework:

- Year 7-8 1 subject per night 20 minutes maximum each
- Year 9 1 subjects per night 30 minutes maximum each
- Year 10 2 subjects per night 40 minutes maximum each
- Year 11 - 12 Personal management of workload to meet due dates and SACE Performance Standards.

These times are only a guide to the amount of homework set. The actual time spent on homework will vary according to the type of work set and the individual student. The practical nature of some subjects and topics, make it difficult at times to set meaningful homework.

5. Parents can assist the homework process by:

- * helping the student to establish a nightly routine for doing homework
- * providing a suitable environment (quiet, well lit) for doing homework
- * regularly checking diary entries, student OneNote and homework done for accuracy and neatness

6. Students are responsible for:

- * entering details of homework set into their diaries
- * satisfactorily completing the set homework
- * recording times
- * recording test results
- * getting their diary signed each week by a parent and class teacher

7. Teachers are to check homework as soon as possible.
Subject and Class Teachers are willing to discuss any matter relating to homework with parents.





Uniform Policy



TINTINARA AREA SCHOOL SCHOOL DRESS CODE

TOGETHER ACHIEVE SUCCESS

RATIONALE

We believe as a school community that there are benefits in students following an agreed school dress code:

- contributes to whole school unity and pride
- develops individual self esteem through the feeling of "belonging"
- contributes to the development of a supportive school environment, by reducing levels of competitive dressing
- supports social justice initiatives by discouraging fashion competition
- develops a positive image of Tintinara Area School in the wider community
- assists staff in identifying strangers in the school grounds and therefore enables staff to ensure a greater level of safety for students
- assists in identifying students during excursions and in the school grounds.

ACCEPTABLE DRESS

- pale blue school polo shirt
- navy school rugby jumper or navy polar fleece jumper
- navy or grey shorts, pants, skirts or skorts (shorts, skirts and skorts must be mid-thigh in length, or longer)
- school dress (as per sample on display in front office, available from department stores)
- navy winter jacket/coat.

Uniform items are available from Front Office. Payment must be made on purchase; there are no accounts available for uniform items.

HATS

Navy broad-brimmed or navy bucket hat (brim at least 6.5 cm) to be worn at recess and lunchtimes in Terms One and Four, and for sport or other outside class activities. Baseball caps are not to be worn to school.

Recommended wide brimmed and bucket hats are available for purchase from the Front Office.

BEANIES, SCARVES & GLOVES During Terms Two and Three navy beanies, scarves and gloves are permitted to be worn before school, during recess, lunch and after school (not available from the school).

SUNGLASSES

The wearing of sun-safe sunglasses during outside activities is permitted all year round.

SECOND HAND UNIFORMS

Limited items are available through the front office. A small donation for these items goes to the SRC.

COATS

A navy winter jacket/coat is available on order twice a year from the Front Office, or a navy jacket of individual choice may be worn to and from school and during recess and lunch; it is NOT to be worn inside.

SPORTS UNIFORM

Secondary School students must change for all sport lessons. Time is allocated at the start of these lessons to get changed. On days that Primary students have a sport lesson, they may wear the sports uniform for that day.

SAPSASA windcheaters and the sports polo tops may be worn for PE lessons only.

The sports uniform consists of:

- school sport polo top (available in either house team colours) or T-shirt * This uniform is to be worn only when PE lessons are scheduled
- shorts or track suit pants (preferably not those worn as school pants).

SCHOOL SPORTS DAY

Students are encouraged to wear the sport polo top or a t-shirt of their house team colour.

- Messent (green)
- Ngarkat (red)

JEWELLERY

The following items may be worn: watch, one plain necklace, and/or bracelet, one flat ring, small earrings. However, students and parents must understand that teachers may request jewellery to be removed for safety reasons, eg Tech Studies,

Uniform Policy



TINTINARA AREA SCHOOL SCHOOL DRESS CODE TOGETHER ACHIEVE SUCCESS

PE, or if deemed inappropriate. The school accepts no responsibility for lost, broken or stolen jewellery or for any injuries that may occur as a result of jewellery being worn.

HAIR

Long hair or fringe is to be tied or pinned back for practical lessons such as PE, Home Ec, Tech Studies or Science. Hair bands, scrunchies, etc are to be in blue or neutral colours.

MAKE-UP

May be worn in moderation. Teachers have the right to request make-up removal if it is deemed inappropriate. Hair mascara, coloured hairsprays or body glitter may be worn on occasions such as sports carnivals and swimming carnivals, if appropriate.

NAIL POLISH

May be worn in single colour only and kept neat. Teachers have the right to request nail polish removal if it is deemed inappropriate.

THINGS TO CONSIDER

- Clothing with large writing or pictures is not acceptable.
- Parents/caregivers are not compelled to purchase garments through the school but students are expected to wear school colours and accepted style for all learning activities including those outside the school.
- If a child attends out of dress code and is planning to participate in an excursion, wherever possible the child will be provided with suitable clean garments which comply with the dress code. If these are not available, for safety reasons, the child will need to stay with an adult at all times during the excursion. It is expected that these garments be laundered and returned to the school as soon as possible after the excursion.
- Clothing should be clearly labelled, thus reducing the amount of lost property.
- Parents have the right to request exemption for their children on specific grounds:
 - religious
 - cultural or ethnic
 - new students (time to purchase, wear previous uniform)
 - itinerant students
 - financial hardship
 - genuine medical or family sickness reasons,in accordance with Department For Education regulations.

HEALTH AND SAFETY RULES

- Footwear should meet safety standards and not limit involvement in educational programs. Covered, solid shoes must be worn for Home Ec. and Tech. Studies. Heavy shoes or slip ons (including thongs) are not suited to active involvement in learning activities.
- Children are expected to wear broad-brimmed or bucket hats in the yard, in Terms One and Four and on excursions where the UV level is expected to be high, or when the teacher deems it necessary during extended play or Physical Education lessons.
- It is recommended that girls wearing skirts or dresses wear sports or bike pants underneath to enable them to participate in PE and in active play, without embarrassment.

CONSEQUENCES FOR NON-COMPLIANCE

- Students not wearing a hat at recess or lunch times will be required to stay in the designated shade areas.
- A note will be sent to parent/caregiver of students not wearing the uniform asking them to support our policy.
- Students who regularly fail to comply with the dress code policy will meet with leadership.
- A meeting with students and parents/caregivers will be arranged if required.
- For safety reasons students not wearing the dress code on excursions will need to stay with an adult at all times.

In accordance with the Administrative Instructions and Guidelines, Section 3, Division 4.179, Governing Councils are authorised to determine the school dress policy.

The dress code was developed by the Uniform Sub-Committee and ratified by Governing Council after consultation with students, parents and staff.



Library News

NEW BOOKS IN OUR LIBRARY



Adult Fiction

Rising dust
Fleur MCDONALD
Australian Fiction romance



Adult Fiction

No spin
Shane WARNE with Mark NICOLAS
Sporting biography



Adult Fiction

The nurses war
Victoria PURMAN
Australian Historical Fiction



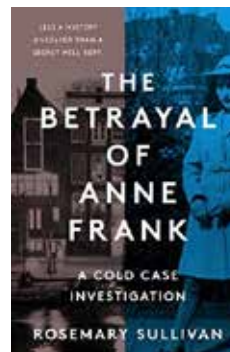
Non Fiction

The altar boys
Susanne SMITH
Australian non fiction



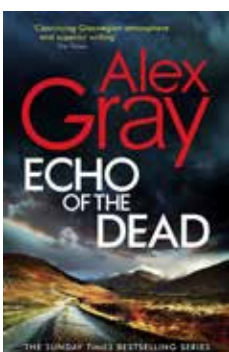
Adult Fiction

The recovery agent
Janet EVANOVICH
Mystery



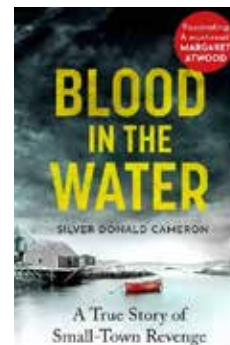
Non Fiction

The betrayal of Anne Frank
Rosemary SULLIVAN
Biography, true crime



Adult Fiction

Echo of the dead
Alex GRAY
Mystery



Non Fiction

Blood in the water
Silver Donald CAMERON
True Crime

WHATS HAPPENING...

TERM 2 OPENING TIMES

Monday 8.30am – 4.30pm

Closed between 1pm – 1.30pm for lunch

Tuesday 8.30am – 4.30pm

Closed between 1pm – 1.30pm for lunch

Wednesday 8.30am – 4.30pm

Thursday Closed

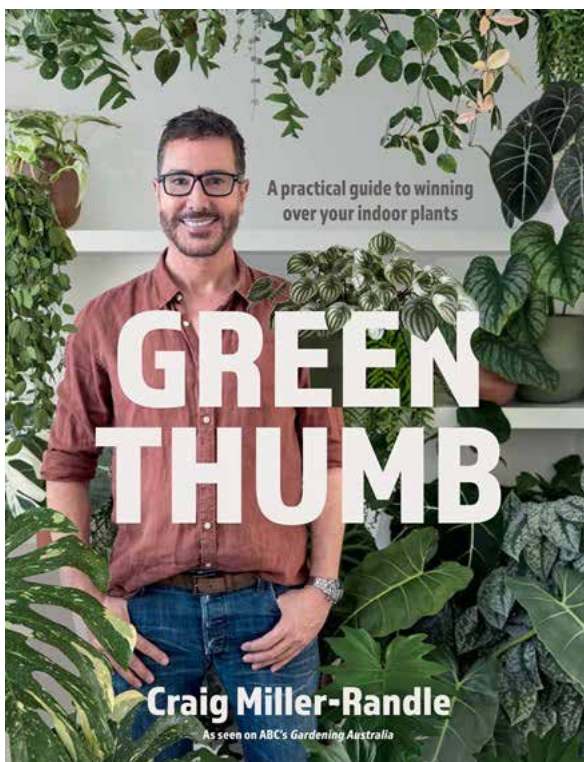
Friday Closed

***Please ensure you are wearing a mask when you visit!

We are pleased to offer a Call & Collect library service to you.

- A Call&Collect Service: Holds can be placed on library items via the telephone or by using our website. www.libraries.sa.gov.au/coorong
- Please phone ahead to arrange a collection time and please don't forget to wear your mask.

Check this out!



Title: Green Thumb

Author: Craig MILLER-RANDLE

Genre: Gardening

A practical guide to winning over your indoor plants. Renowned indoor plant guru Craig Miller-Randle will take you through the basics of helping indoor plants to thrive. Whether its choosing the right soil, watering or getting rid of pests. Green thumb will help you select, care for and propagate plants with ease to grown your own lush indoor jungle.



Community News

MEDIA RELEASE

SA Ambulance Service



Answer the call at Tintinara SA Ambulance Service volunteers needed

The SA Ambulance Service (SAAS) volunteer team at Tintinara is looking for volunteers to answer the call and join them, as the service launches a new community recruitment drive.

Volunteers across Tintinara have been speaking about the benefits of becoming a SAAS volunteer in country SA, which they say is easier than you think with the opportunity to make a difference in the community and gain life-long skills that can be used in everyday life.

Renee and Sally both volunteer at the Tintinara station to help out their local community. "My children and I had used the local ambulance several times before I joined. I wanted to give back to the community and the wonderful volunteers that looked after my family so well," says Sally.

Renee has learnt many lifesaving skills being a SAAS volunteer, and says that aside from the Tintinara team being fantastic to work with, she enjoys learning new practical skills. "Using the skills that I have gained to help a patient, and seeing how grateful they are, is such a positive experience of volunteering".

Coorong Regional Team Leader Tessa, has helped Sally and the team feel supported. "Tessa is brilliant. She explains things in an easy-to-understand manner, gives support when needed and goes out of her way to make you feel like part of a team."

No prior medical knowledge is required, and no experience is needed. In fact, SAAS will provide the necessary training totally free of charge.

"Training sessions are undertaken in a relaxed environment, where you don't get judged if you make a mistake. We can talk about the positives and also look for ways to improve ourselves. I feel that SAAS has given me some wonderful skills not just in first aid, but with teamwork and life skills."

With flexible rosters that can work around your lifestyle, you don't always need to be at the ambulance station when on-call.

Both Renee and Sally agree about the flexibility with volunteering: "There is no pressure or demands to be on-call all the time. The team appreciate any little bit you can do," Sally says.

"The Tintinara crew are all very understanding of our own personal workloads outside of volunteering, and I find the hours very flexible to fit in with my own life," confirms Renee.

Most patients are people with chest pain, breathing problems or pre-existing medical conditions. Of course, on some occasions there are major incidents, but these are a small portion of the work. Volunteers are always paired with a qualified ambulance officer, who will be there to support you.





MEDIA RELEASE

SA Ambulance Service



"I think people are scared of all the blood, but I haven't seen that much of it!" says Sally.

There's no better time to answer the call and take control in an emergency, to help save the lives of others.

Interested? Call Regional Team Leader, Tessa Judd on 0427 615 141 or the Volunteer Support Unit on 1300 175 584 (Monday to Friday, 8.30am to 4.30pm). Or apply through the SAAS website: www.saasvolunteer.sa.gov.au or email SAASvolunteer@sa.gov.au

Background:

- Volunteer training is held regularly to ensure practical and clinical knowledge is up to date.
- Volunteers are always paired with a qualified ambulance officer to support them when on call.
- Volunteers undertake a minimum of 30 hours on the roster each month.
- SAAS currently has 1300 volunteers around South Australia.
- The training and uniforms are free, and volunteers are reimbursed for travel costs and child-care.
- Volunteers are also offered free Ambulance Cover for them and their immediate family (in accordance with current Terms & Conditions).
- SA Ambulance Service is a Registered Training Organisation RTO code 0264.



Want a fun sport for all ages that has an amazing family atmosphere?
Come join us for Tatiara Junior Hockey.

Venues for the season are Bordertown
 Keith
 Mundulla
 Willalooka

Training is on the day, before the game, so no weekly training nights. Teams are made up of mixed age and abilities to enable loads of fun and skill learning for all.

Season Starts 30 April
 10:30 am – 12:15 pm
 Mundulla Hockey Grounds

Register online www.revolutionise.com.au/tatiarahockey/registration
Rookies 5-8 yr olds
Juniors 8-16 yr olds

If you don't have equipment, don't worry, just bring your footy socks and we can supply shin guards and sticks on the day.

Mouthguards are compulsory.

Any enquiries Aaron Woods
 Junior Hockey Co-Ordinator
 0417706995



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