

Personal Hygiene

At Preschool, the children utilise the purpose built toilets located within the preschool building. Early in the year, preschool children will be reminded to go to the toilet throughout the preschool day. As the year progresses, preschool children will be supported in becoming more responsible for self-regulating the need to go to the toilet.

It is important for children that they can start preschool with the appropriate self-help skills to use the toilet, wash their hands and blow their nose independently. Please talk with preschool staff if there are concerns in this area.

Many Preschooler's have toileting 'accidents'. We know this is a normal part of growing up and preschool staff will support students with care. However, families are asked to supply:

- **a spare set of pants** (shorts or long pants) - These do not need to be the preschool uniform. Plain blue, inexpensive shorts or leggings are small to fit into a preschool bag and would be suitable.
- **a spare item of underwear** in a plastic bag

ALL PRESCHOOLERS will need named spare clothes packed in their preschool bag EVERYDAY.

If your child requires a change, they will be supported to use their own set of 'spares'. A yellow 'toileting report' slip will record any toileting accidents and will be stuck into your child's Communication Book. This will indicate that the spares have been used and will need to be replaced.

In the case where there are no spare clothes available, parents may need to be called to collect their child or bring a clean set of spare clothes into the preschool.