

Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>Preschool</u></b> <b>8.30am- 3.15pm</b>	<b><u>Preschool</u></b> <b>8.30am- 3.15pm</b>	<b><u>Preschool</u></b> <b>8.30am- 3.15pm</b>	<b><u>Preschool</u></b> <b>8.30am- 3.15pm</b>	<b><u>Preschool</u></b> <b>8.30am - 11.30am</b> <b>alternate Friday's</b>
<b><u>Steiner playgroup</u></b> Welcoming families with children under 5 years of age.  <b>Starting 24<sup>th</sup> July</b> <b>9.00am – 11.00am</b> <b>Contact:</b> <a href="mailto:trinitysteinerplaygroup@gmail.com">trinitysteinerplaygroup@gmail.com</a>	<b><u>Occasional Care</u></b> A now and then childcare service for children prior to preschool age  <b>Starting 1<sup>st</sup> August</b> <b>8.30am – 11.15am</b> <b>Contact: 8333 2557</b>	<b><u>Wednesday Playgroup</u></b> <b><u>Supported Playgroup</u></b> Parents are encouraged to play alongside their child, follow their lead and connect with their learning.  <b>Starting 26<sup>th</sup> July</b> <b>9.00am -10.30am</b>  <b>LTC</b>	<b><u>Occasional Care</u></b> A now and then childcare service for children prior to preschool age  <b>Starting 27<sup>th</sup> July</b> <b>8.30am – 11.15am</b> <b>Contact: 8333 2557</b>	<b><u>Friday Playgroup</u></b> Community playgroup for families with toddlers and children under 5  <b>Starting 28<sup>th</sup> July</b> <b>9.00am – 10.30am</b> <b>Contact: 8333 2557</b>
<b><u>Baby Playgroup</u></b> <b><u>Supported Playgroup</u></b> Parents are encouraged to play alongside their child, follow their lead and connect with their learning.  <b>Starting 24<sup>th</sup> July</b> <b>1.00pm – 2.00pm</b>  <b>LTC</b>	<b><u>Occasional Care</u></b> A now and then childcare service for children prior to preschool age  <b>Starting 1<sup>st</sup> August</b> <b>12.00pm – 2.45pm</b> <b>Contact: 8333 2557</b>	<b><u>My Time</u></b> Support group for parents and carers who are caring for a child with a disability, medical condition or developmental delay  <b>Starting 2<sup>nd</sup> August</b> <b>12.00pm – 2.00pm</b> Contact Silvana: 0488 151 789	<b><u>Midwife Clinic</u></b> <b>8.30am- 4.30pm</b> Contact the pregnancy SA Referral line on  <b>1300 368 820</b> <a href="http://www.childrenscentres.sa.gov.au/antenatal">www.childrenscentres.sa.gov.au/antenatal</a>	<b><u>Multiple Births Playgroup @ Trinity Gardens</u></b>  A safe and supportive space for families with twins and triplets & more to play and connect  <b>Starting 28<sup>th</sup> July</b> <b>11.00am - 12.30pm</b> <b>Contact:</b> <a href="mailto:sarahkatedodd@gmail.com">sarahkatedodd@gmail.com</a>
<b><u>Child Wellbeing Service</u></b> Annemarie Monck Alternate Mondays during the School term  <b>Starting 31<sup>st</sup> July</b> <b>8.30am- 4.30pm</b>  For further information contact: 0488 016 586 or <a href="mailto:amonck@actnowpsychology.com">amonck@actnowpsychology.com</a>	 <a href="http://www.adultssupportingkids.com.au">www.adultssupportingkids.com.au</a>	<b><u>Baby Move and Groove</u></b> Bringing parents and Babies together with music. <b>Birth to confident walker</b>  Presented by Lizzie Holbert Specialist Music Educator  <b>5 Week program</b> <b>Total cost \$10</b> <b>Starting 9<sup>th</sup> August</b> <b>3.30pm- 4.30pm</b> <b>Contact: 8333 2557</b>	<b><u>Early Parenting Group</u></b> <b>(5 Week program)</b>  Facilitated by Child and Family Health Service staff (CaFHS)  <b>1300 733 606</b>	<b>Rostrevor Baptist Church</b>  <b>Fresh foods Friday's</b>  <b>Fortnightly</b>  <b>Contact: 8336 1466</b> for more information
<b><u>Links to Wellbeing</u></b> Peri Natal Wellbeing Counselling for Mothers and Fathers who have child 1 year and younger  Alternate Mondays during the School term <b>Starting 24<sup>th</sup> July</b> <b>9.00am- 4.30pm</b> For further information contact: 8326 3591	<b><u>Learning Together Communities</u></b>  Please email Learning Together Communities for Baby Playgroup and Wednesday Playgroup via the following email  <a href="mailto:Education.Learningtogethercommunities@entralladelaide@sa.gov.au">Education.Learningtogethercommunities@entralladelaide@sa.gov.au</a>		<a href="http://www.facebook.com/trinitygardens.childrenscentre">www.facebook.com/trinitygardens.childrenscentre</a> and more information about our services and what we offer on <a href="http://www.trinitygardenscc.sa.edu.au">www.trinitygardenscc.sa.edu.au</a>  	
<b><u>Dad's Playgroup</u></b> An opportunity for Dads (any male caregiver) and children to interact and socialise with other Dads in play-based setting. Birth to 6 years  <b>Saturday</b> <b>29<sup>th</sup> July, 19<sup>th</sup> August &amp; 16<sup>th</sup> September</b> <b>10.00am to 12.00pm</b> <b>Call on 8333 2557 to register your interest in this group</b>			<b><u>Mum's Wellbeing Group</u></b> A support group for Mum's with babies 0-12 months old  <b>Saturday</b> <b>29<sup>th</sup> July, 19<sup>th</sup> August &amp; 16<sup>th</sup> September</b> <b>10.00am to 11.30am</b> <b>Contact: <a href="mailto:postnatalmumswellbeing@gmail.com">postnatalmumswellbeing@gmail.com</a></b>	