

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Preschool</u> 8.30am- 3.15pm	<u>Preschool</u> 8.30am- 3.15pm	<u>Preschool</u> 8.30am- 3.15pm	<u>Preschool</u> 8.30am- 3.15pm	<u>Preschool</u> 8.30am - 11.30am alternate Friday's
<u>Steiner playgroup</u> Welcoming families with children under 5 years of age. Starting 5th February 9.00am – 11.00am Contact: trinitysteinerplaygroup@gmail.com	<u>Occasional Care</u> A now and then childcare service for children prior to preschool age Starting 30th January 8.30am – 11.15am Contact: 8333 2557	<u>Wednesday Playgroup</u> <u>Supported Playgroup</u> Parents are encouraged to play alongside their child, follow their lead and connect with their learning. Starting 31st January 9.00am -10.30am LTC	<u>Occasional Care</u> A now and then childcare service for children prior to preschool age Starting 1st February 8.30am – 11.15am Contact: 8333 2557	<u>Friday Playgroup</u> Community playgroup for families with toddlers and children under 5 Starting 2nd February 9.00am – 10.30am Contact: 8333 2557
<u>Baby Playgroup</u> <u>Supported Playgroup</u> Parents are encouraged to play alongside their child, follow their lead and connect with their learning. Starting 29th January 1.00pm – 2.00pm LTC	<u>Occasional Care</u> A now and then childcare service for children prior to preschool age Starting 30th January 12.00pm – 2.45pm Contact: 8333 2557	<u>My Time</u> Support group for parents and carers who are caring for a child with a disability, medical condition or developmental delay Starting 31st January 12.00pm – 2.00pm Contact Silvana: 0488 151 789	<u>Midwife Clinic</u> 8.30am- 4.30pm Contact the pregnancy SA Referral line on 1300 368 820 www.childrenscentres.sa.gov.au/antenatal	<u>Multiple Births Playgroup @ Trinity Gardens</u> A safe and supportive space for families with twins and triplets & more to play and connect Starting 2nd February 11.00am - 12.30pm Contact: sarahkatedodd@gmail.com
<u>Learning Together Communities</u> Please email Learning Together Communities for Baby Playgroup and Wednesday Playgroup via the following email Education.Learningtogethercommunitiescentraladelaide@sa.gov.au		<u>Sing, Shake and Smile</u> Music and Movement develops a number of skills including language. Facilitated by Lizzie 1 to 2 years old 5 Week program Total cost \$10 Starting 14th February 2.15pm – 3.15pm Contact: 8333 2557	<u>Early Parenting Group (5 Week program)</u> Facilitated by Child and Family Health Service staff (CaFHS) 1300 733 606	<u>Baby Playgroup</u> Supported Playgroup Parents are encouraged to play alongside their child, follow their lead and connect with their learning. Starting 2nd February 1.00pm – 2.00pm Contact: 8333 2557
<u>Child Wellbeing Service</u> Annemarie Monck Alternate Mondays during the School term 8.30am- 4.30pm For further information contact: 0488 016 586 or amonck@actnowpsychology.com	 www.adultssupportingkids.com.au	<u>Baby Move and Groove</u> Bringing parents and Babies together with music. Birth to confident walker Presented by Lizzie Holbert Specialist Music Educator 5 Week program Total cost \$10 Starting 14th February 3.30pm- 4.30pm Contact: 8333 2557	First aid Family Workshop Babes in arms welcome Saturday 10 th February 9.30am – 12.30pm Presenter Leanne Sandery	Rostrevor Baptist Church Fresh foods Friday's Fortnightly  Contact: 8336 1466 for more information
		<u>Dad's Playgroup</u> An opportunity for Dads (any male caregiver) and children to interact and socialise with other Dads in play-based setting. Birth to 6 years Saturday 3rd February, 2nd March, 6th April 10.00am to 12.00pm Call on 8333 2557 to register your interest in this group		<u>Mum's Wellbeing Group</u> A support group for Mum's with babies 0-12 months old Saturday 3rd February, 2nd March, 6th April 10.00am to 11.30am Contact: postnatalmumswellbeing@gmail.com