



Policy 2.31

Hot Weather Policy

At Two Wells Community Children's Centre we are aware that in the summer months children are at greater risk of suffering from heat illness than adults. A child's ability to respond to environmental heat and acclimatise to heat is due to physiological differences.

"Children sweat less and get less evaporative cooling than adults. In warm and hot weather they have greater difficulty getting rid of heat; they look flushed, and feel hotter and more stressed than adults"

We endeavour to provide an environment that is safe for all children and staff.

Some of the strategies used to reduce the risk of heat illness in young children, are;

Shade	Activities conducted in periods of hot weather are to be undertaken in shaded areas.
Drinks	Children are to be frequently offered water or fluids. Drinking water is to be accessible to children at all times.
Clothing	Parents are to be encouraged to dress children in clothing that minimises heat gain, in layers that can be easily removed during activity and of a type that is sun safe.
Lunch	Parents are to be encouraged to pack food in insulated containers with a freezer brick or frozen water. Sites are to provide a cool place to store food.

We will also follow the guidelines scripted in the sun smart and safe clothing policy.

The Childcare and Kindy rooms have refrigerated air-conditioning which is climate controlled to stay between 20 – 24 degrees.

In the case of a blackout in the summer months please refer to our Power Failure Policy.

Governing Council Member's Signature:

Director's Signature:

Two Wells Community Children's Centre's Common Seal

Date Reviewed: October 2017

Next Review Due: October 2019

Child and Youth Health –

Babies in Hot Weather

www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=305&id=1605

Cancer Council SA –

SunSmart Early Childhood
Program

www.cancersa.org.au/asp/SunSmart_program_policy_resources.aspx

Sports Medicine Australia –

Hot Weather Guidelines

www.smartplay.com.au/ImageLibraryAssets/Resources/National/policy-guidelines-2008-hot-weather-guidelines-nat.pdf

Sports Medicine Australia –

Beat the Heat Brochure

www.smartplay.com.au/ImageLibraryAssets/Resources/National/policy-guidelines-2008-beat-the-heat-brochure-nat.pdf

DECS OHS&W – Heat Stress

Procedure

www.decs.sa.gov.au/docs/documents/1/HeatStressProcedure.pdf

DECS OHS&W – UV

Radiation/Sun Protection

Procedure

www.decs.sa.gov.au/docs/documents/1/UvRadiationProcedure.pdf

Early Childhood Education and

Care - National Quality

Standards

www.deewr.gov.au/EarlyChildhood/Policy_Agenda/Quality/Pages/QualityStandards.aspx

Bushfires Strategy www.crisis.sa.edu.au/pages/welcome/bushfires/