



Uraidla and Hills

Community Kindergarten

Sun Protection Policy

Uraidla Kindergarten recognises the importance of skin protection as a major strategy in the fight against skin cancer.

Aims

Through the Sun Protection Policy we aim to promote amongst children, families and staff:

- ❖ a positive attitude towards skin protection;
- ❖ lifestyle practices that can help reduce the incidence of skin cancer;
- ❖ personal responsibility for, and decision making about skin protection;
- ❖ awareness of the need for environmental changes to reduce the level of exposure to the sun.

Implementation

This policy is for implementation all year round.

The purpose of the policy is to ensure that all members of and visitors to Uraidla Kindergarten are protected from skin damage caused by the harmful rays of the sun and will be strongly encouraged to use the following skin protection strategies:

1. Sun protection term 1,3 and term 4

- ❖ Throughout terms 1, 3 and 4 staff will implement sun protection measures as outlined below.

2. Winter Vitamin D term 2.

- ❖ To help maintain winter vitamin D, sun protection measures are not enforced during term 2, however staff will use their discretion to move activities out of the sun if the weather suggests high UV rays are present.
- ❖ Due to the very cold weather during this time, children are encouraged to wear warm clothes and beanies to keep themselves warm.

3. Take particular care when in the sun between the hours of 10.00 a.m. and 3.00p.m.

- ❖ Learning experiences provided outdoors will be held in shaded areas when and where possible.
- ❖ Snacks and lunches will be eaten indoors or in shaded areas. When in shaded areas, staff, children and visitors will be encouraged to wear appropriate hats.



3 Wear clothing which protects the skin (including appropriate hats)

- ❖ Children will be provided with an appropriate hat from their kindergarten fees. The hat will stay at the kindergarten for the entire kindy year. The hat will be washed as frequently as needed to maintain a clean and workable hat for kindergarten use. Children will be expected to wear this hat or their own whenever they are involved in outside experiences, throughout terms 1 and 4.
- ❖ staff and parents are expected to wear an appropriate broad brimmed, bucket or legionnaire style hat whenever they are involved in outside experiences, throughout terms 1 and 4.
- ❖ Children not wearing an appropriate hat will be asked to play under the verandah or inside.
- ❖ Children and staff are encouraged to wear shirts with sleeves and longer style shorts. Children who are not dressed appropriately will be asked to play under the verandah or inside.
- ❖ The parents of children who do not have appropriate clothing for two days running will be given a reminder note asking them to ensure that appropriate clothing is worn.

4. Use 30+ sunscreen to protect skin

- ❖ Staff will encourage parents to apply sunscreen before Kindy sessions.
- ❖ Children will be encouraged to bring their own sunscreen, however there will be bulk sunscreen available at kindergarten.
- ❖ Children will be required and supported to apply 30+ sunscreen at lunchtime in preparation for playing outside.

5. Learn about skin protection

- ❖ Staff will model appropriate SunSmart strategies at all times.
- ❖ Skin cancer prevention will be a part of our learning curriculum.
- ❖ Information and resources will be kept up to date through contact with the Cancer Council SA

6. The Uraidla Kindergarten Sunsafe Policy will be reviewed on a bi-annual basis.

References

DECD UV Radiation / Sun Protection Procedure

www.decd.sa.gov.au/childrensservices/pages/earlychildhoodreform/policies

National Quality Standards. Standard 2. Children's Health and Safety.

www.deewr.gov.au/EarlyChildhood/Policy_Agenda/Quality/Pages/QualityStandards.aspx

Cancer Council of SA, refer to: www.cancersa.org.au/aspx/sunsmart.aspx

This policy was ratified by Governing Council in 2021 and will be reviewed in 2023 or as required if earlier

