### Vale Park Preschool

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# Sun protection policy

## National Quality Standard Area 2 | Children's health and safety

Children have the right to experience quality education and care in an environment that safeguards and promotes their health, safety, and wellbeing.

## **Purpose**

All department school sites, and early childhood education and care services must have a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultraviolet (UV) radiation levels reach 3 or above.

Sites must inform the preschool including employees, students, parents, and volunteers of the sun protection policy. Wherever possible, children and young people are encouraged to be responsible for their own sun protection.



## Using sun protection

This site uses a combination of sun protection measures for all outdoor activities on- and off-site during terms 1, 3 and 4 including:

## Clothing

Sun protective clothing should be provided for children to wear at this site. Clothing should be cool, loose fitting and made of closely woven fabric. This includes shirts with elbow length sleeves, longer style dresses and shorts and rash tops or t-shirts for water play.

#### Sunscreen

Children with allergies are asked to provide their own SPF30+ (or higher) broad spectrum, water resistant sunscreen and the site supplies SPF30+ (or higher) broad spectrum, water resistant sunscreen for children's use.

Sunscreen is applied by parents/caregivers in the morning.

Staff are in place to reapply sunscreen on children before lunch.

Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or paediatrician.

#### Hats

All children are required to wear hats that protect their face, neck, and ears e.g., legionnaire, broad brimmed or bucket hats, whenever they are outside. Baseball or peak caps are not acceptable.

#### Shade

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible. Outdoor events are scheduled to be held during term two or earlier in the day where practical.

Children are encouraged to use available areas of shade when outside.

Children who do not have appropriate hats or clothing are asked to stay in the shade or a play inside to be protected from the sun

#### Curriculum

Programs on skin cancer prevention are included in the curriculum for all year levels.

Sun Smart behaviour is regularly reinforced and promoted to the whole preschool community through newsletters, parent meetings, staff meetings, student, and teacher activities and in student enrolment packs.

# Supporting information

The information has been extracted from the **Cancer Council SA SunSmart policy**.

# Record history

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## **Approvals**

Status: Choose an item.

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Approved by: Vicki Angel | Director, Vale Park Preschool

Approved by: Hilda Mansoori / Chairperson

Approval date: 16 August 2022

Next review date: 25 August 2025 (must be 3 years from the approved date)

## Revision record

(List the revision record in order of most recent updates at the top)

Version: 1.0

Approved by: Vicki Angel | Director, Vale Park Preschool

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