



Willunga Preschool

Sun Smart policy

Australia has the highest incidence of skin cancer in the world with one out of every two people developing some form of skin cancer in their lifetime. Ultraviolet (UV) radiation from the sun is the main source of Vitamin D but also the major cause of skin cancer. When UV levels are **3 or above** skin can burn in just 15 minutes in the summer sun. (Cancer council Australia)

Early Childhood services are ideally placed to help reduce this trend and educate young children to protect their skin and develop lifestyle practices for their future.

Therefore the Staff and Governing Council have endorsed the following policy.

PLEASE NOTE This policy is for implementation throughout the **whole year.**

*Children, staff and participating parents will be expected to wear a **broad-brimmed or legionnaire style hat and apply sunscreen regularly** whenever they are involved in outside activities **on any day throughout the whole year when the UV rating is 3 or above.**

*Children not wearing an appropriate hat will be expected to play inside or under the verandah. **All hats must not have cords.**

*Children and staff will be required to wear appropriate clothing which protects the skin, shoulders must be covered. Children who attend Preschool with clothing that does not cover their shoulders (on days of a UV level of 3 or above) will be expected to play inside or under the verandah.

*Families / Carers are required to apply sunscreen with an SPF 30+ to their child prior to attending each session at Preschool when the UV rating is 3 or above. Staff will check the UV rating daily and will provide sunscreen for families, who are unaware of the daily UV rating, to apply to their children upon arrival at Preschool.

*Staff will teach all children attending full day sessions to correctly apply sunscreen prior to the afternoon session.





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*Children will be encouraged to play under the shaded areas eg; the pergola and sandpit shade.

*The Sun Smart policy will be reinforced by:

- Staff role modelling- appropriate Sun Smart strategies.
- Skin cancer prevention will be included in appropriate teaching activities.
- Staff will keep up to date information and resources for all to use through contact with The Cancer Council's Resource Centre.

The Willunga Preschool Sun Smart Policy will be evaluated on an ongoing basis.

*Policy issues will be discussed by Staff and Governing Council members, with comments and feedback welcome from families / carers at all times..

Reviewed and Endorsed by governing council June 2021

