



## Kindergarten

### Newsletter Week 1 Term 1 2022

Phone: 86457959  
 Fax: 8645 7731  
 42 Ring St,  
 Whyalla Norrie,  
 5908

Newsletter Date:  
 Monday 31st  
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#### Welcome to Win Newby Kindergarten

Welcome to our year of learning together. We have had a wonderful start to the year and have enjoyed meeting you and your wonderful children. We hope that everyone is starting to feel settled, but if you are unsure of something, please do not hesitate to come and ask someone. Our role is to support children to feel safe at kindy through developing strong connections with us and each other. This may take time as children need to learn to trust that we will care for them, keep them safe and watch over them. Our lovely educators are below:

**Director:** - Candice

#### Early Childhood Teachers:

- Kimberley (Full time)
- Kay (Wednesday, Thursday, Friday)

#### Early Childhood Workers and Preschool Support:

- Michelle (Monday, Tuesday, Friday)
- Jo (Wednesday, Thursday, Friday)
- Jodie (Wednesday and Thursday)

#### Make up Friday sessions:

Children have 1 Friday session per term. This term these days are:

**Group 1—Friday week 5 (4th March)**

**Group 2—Friday week 6 (11th March)**

Friday sessions are from 8:30-1:30pm  
Children will need a snack/crunch and sip for the morning and also a packed lunch (we will eat lunch prior to the end of the session)

**Please note that children only have 1 Friday visit per term!**

#### Food and Nutrition Policy

Another way we strive to keep children safe and healthy is through promoting and encouraging the consumption of a healthy diet. All families should have received a copy of our policy in their enrolment hand out last year, but if you are unsure, please see our website for more details, or we can print a copy for you.

We do understand that many children are fussy with food but if they see their peers eating healthy foods, they might be more inclined to try more foods. We encourage families not to provide jam and honey as fillings in sandwiches as they have a high sugar content in these spreads. This also includes 100's and 1000's. We will be exploring 'where food comes from' through our curriculum this term and this includes planting our own seeds and growing and eating our own produce. We are here to support families and are happy to discuss food options with you, or answer any queries you may have.

**Please make sure you label children's drink bottles and lunch containers with their name clearly. Please remember to provide an ice pack for lunch boxes as we do not have enough space in the fridge for all lunch boxes.**

Please make sure you join our closed Facebook page 'Win Newby Kindergarten 2022.'



#### Diary Dates

- Group 1 make up session—
- Group 2 Make up session—

#### OPAL—Healthy eating ideas:

You will find that we regularly put healthy food options and ideas in the newsletter, just to help parents get children to make healthy food choices in a fun way. Here are this weeks ideas:

#### **MAKE IT A FRESH SNACK – STRAIGHT FROM NATURE**

*Did you know...?*

One serve of fruit = 1 medium fruit or 2 small fruits. Preschool aged kids need 1 - 2 serves of fruit everyday for growth and good health.

Fruit makes a great snack to fuel active bodies for fun and learning. Try these **lunchbox ideas** and serve up fruit as a snack every day!

> Watermelon or rockmelon cut into small pieces.  
> Small bunch of grapes, washed and cut in half for small children.

> ½ - 1 cup of tinned fruit salad (in juice) served in a small container with spoon. Modify for pre-schoolers by grating, steaming or cooking hard crunchy foods like apple, carrot and celery to prevent choking.

#### Arrival to Kindy—Changes due to Covid

You will notice on the kindy gate, as you enter, there is a Covid safe checklist that we ask families to follow. This includes:

- Please use sanitiser as you enter and wear a mask and remain outdoors at all times – educators will assist children to place their belongings away and wash their hands prior to play
- We encourage you to engage in an outdoor experience with your child before you say goodbye to them. (However after week 2 parents will be encouraged to drop their child at the gate – until the Covid situation eases.)
- Please remember to socially distance when outdoors with other families and educators

If you have any questions or queries, please speak to one of our educators. We appreciate your cooperation as we endeavour to keep everyone safe.

### **Early Years Learning Framework**

The Early Years Learning Framework (EYLF) is the curriculum document that is used to plan and program the learning environment for children. Our educators program and plan activities using this tool based on observations of children at play. The vision of this framework is that in all early childhood settings, children experience a play-based learning environment that is engaging and builds skills for life. Having a national framework for early childhood settings allows more consistency across Australia when developing programs. The title of the framework is called 'Belonging, Being and Becoming.' Belonging is the basis for living a fulfilling life. Being is about living here and now. And Becoming is about the learning and development that young children experience. We are currently building relationships with you and your child and we are hoping that they are developing a sense of belonging to our Kindy.

We will report children's progress using this document. There are five learning outcomes in this document and they are:

- 1. Children have a strong sense of identity**
- 2. Children are connected with and contribute to their world**
- 3. Children have a strong sense of wellbeing**
- 4. Children are confident and involved learners**
- 5. Children are effective communication**

### **Reporting and documenting your child's learning:**

Each child has a folder which is their learning portfolio and it will contain observations, learning outcomes/progress and growth during their time at kindy. Folders are located on the shelf by our front entrance. We encourage you to look through your child's folder at any time. Please make contact or discuss your child's learning and development with your child's focus teacher. We also want to get to know your child a bit better. This is why you have a 'getting to know your child' sheet attached to this newsletter. Educators will use this information, as well as our observations and critical reflection to form a learning plan for your child with 1-2 aims and goals to achieve. We ask that you fill this out openly and honestly and return it as soon as possible, so educators can work on these plans. Please feel free to discuss this further with educators if you need to.

### **Pigeon Holes and Communication**

As you enter the kindy you will see the pigeon holes. Newsletters, receipts and other forms of communication will be in these. Each child will have their own pigeon hole so please check these regularly.

### **Change of clothing**

Children engage in messy play whilst at kindy, and they may also have accidents, as this is a part of learning. We ask that families please ensure that children have a change of clothes in their bags at all times, including a plastic bag to place soiled or dirty clothing in. This includes pants/shorts, t-shirts and knickers/jocks.

### **Skin Protection**

As we are in the hottest part of the year we ask that families ensure that their child has an appropriate sun safe hat either legionnaires or broad brimmed to wear for outdoor play. We do have spare hats but not for all children. (caps are not suitable) Families are also required to put sunscreen on their child on arrival (sunscreen provided) and educators will support children to reapply prior to lunch time. If children have sensitivities to certain sunscreen then we ask families to provide their own in their child's bag. Please ensure that this is labelled.

### **Immunisation Records**

On enrolment, you needed to provide your child's immunisation records. As we know this was quite some time ago, some children's immunisation status has been updated. If this is the case for your child, you will receive a little note in weeks to come to provide an updated copy for our records. This can be provided by a hard copy, or alternatively can be emailed to Candice.Clark104@schools.sa.edu.au.

### **Fees**

Kindy fees are \$320 each year (\$80 per term) or you can take advantage of our early bird discount of \$270 (saving of \$50) for the whole year if payment is made by the end of week 5 in term 1, which is Friday 4th March 2022.

### **Governing Council**

The Governing Council comprises of members who are parents of children at this centre. They work together with staff to help set direction and influence decision making to make the kindergarten a better place for all children. This includes discussing fundraising, special events, budget, equipment and facilities. We are currently looking for parents and caregivers who are interested in joining the Governing Council this year as a new committee needs to be formed. It is a very happy and relaxed atmosphere, and you will have Candice as a support for you. Meetings are usually held out of hours for the convenience of parents usually twice per term. Nomination forms are below. Our annual general meeting will be held in the middle of this term, (date to be confirmed) and we look forward to lots of new faces present. To be a part of our governing council, please fill out the form below and return it to staff. The date of the AGM will be decided later in the term.

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### **Governing Council Nomination Forms**

I.....nominate .....

For the position of  
(please circle one)

Chairperson

Vice Chair

Secretary

Vice Secretary

Treasurer

Member

Signed.....(nominator).....(candidate)

Please feel free to nominate yourself.

Please give nomination to staff.

✂ .....

### **Sustainable Practises.**

At Win Newby we try to reduce our carbon foot print, so there is the option of receiving your newsletter via email. Please leave your email address below and pass it on to Candice.

Name:\_\_\_\_\_Email address:\_\_\_\_\_