



# Woodside Preschool Newsletter June

Week 5 Term 2 2023

**News**

**Curriculum Update**

**'Health Hub'**

**Governing Council**

**Diary Dates**

## News



**Pupil Free Day-** On Thursday June 15th there is **no kindy** as we have a pupil free day. On this day staff will be meeting with teams from other local preschools to learn about the changes to our Curriculum Document and to plan for it's implementation.

**Wheel-a-thon.** For those families who haven't experienced a Wheel-a-thon before, but may have seen the date on the calendar (Thurs June 29th)- a bit of background information for you. This is a day where we have kindy at the Gilman Bike Track on Onkaparinga Valley Road, Oakbank. The day goes from 9.30-1.30 and we love it when family members (parents, grandparents etc) join us for the day. There is lots of bike/skateboard/scooter riding around the track, 'guest appearances', a bbq lunch, coffee van and so much more. Detailed information will come home closer to the date.

Did you see the flyer that went home recently with a QR code for an online parent resource- '**An Introduction to Regulation**'? This online resource: • will help you to understand regulation • will give examples of how you can respond to your child's big feelings • may take up to 1 hour to complete • does not need to be done all at once. You can use this link here if interested [An Introduction to Regulation](#)

**Bush Kindy-** our first Bush Kindy day is on Tuesday June 13th. Consent forms will be in Communication Pockets next week. We will need 3-4 parents to come with us and help with our campfire and other activities. We will also need helpers for the other Bush Kindy days on July 5th, August 9th and possibly Sept 20th. If you would like to attend one of these days please let staff know. *As parents are helping to supervise children on these days we can't have younger siblings attend unfortunately.*

Please check through the Diary Dates later in the Newsletter for any other events to add to your diary.



## What have we been learning?

Since Mother's Night, this term has been all about *Possum Magic*, *Fluffy* and *Reconciliation Week*.

We have explored our understanding of Australia and it's places, food and unique animals as we have learnt about Australia from different perspectives. You may have heard us using Kurna greetings (Nini Maarni) in the morning and we have explored locations around Australia through our Possum Magic Story and other stories and songs. This week we have had an emphasis on Aboriginal Perspectives throughout the curriculum and this has been led by our work as a staff team with Jade Brook a

Nurrunga, Kurna Woman with ties to Ngarrindjeri and Barkindji Country with permission to share her knowledge on Peramangk Country. Unfortunately Jade was unwell today and unable to come and share her knowledge with the children but we will reschedule her visit asap.

We have also been encouraging children to continue to develop their independent life skills. An excursion is a great example of this as children need to be responsible for their belongings, follow instructions in an unfamiliar environment and even engage with unfamiliar adults ( all in a safe, controlled setting).

You can support your child's developing independence by encouraging them to carry their own bags into kindy, unpack their bags, take care of their belongings and answer for themselves when staff greet them. ( Of course you will be in the background to ensure they have remembered everything- but try to resist the temptation to do it for them) If your child doesn't respond when we greet them or say goodbye- don't panic- this is not a failure on your part- just a skill they are still developing and staff will support them to build up the confidence, which may start with a smile or eye contact and grow from there.



## 'Health Hub'

**Now that winter is here** the colds and other bugs are definitely doing the rounds!

Don't forget that to keep all of us as fit and healthy as possible we really appreciate you keeping your unwell child home ( and please remember that at 4 your child is not necessarily the best judge of their state of health, they might need you to play hard ball!)

**If you need medical help** when you may not be able to access your usual doctor we have recently been notified of some other available options.

[WCH virtual care.](#) -This is a fabulous service for children and a good way to keep all those kindy kids out of the ED if we can so they don't pick up something even worse.



1 - Gumeracha nurse-led clinic- this is for people over the age of 10 and is available M-Fri 4pm-8pm, Sat & Sun 10am-4pm by appointment only. Ph 82099220.

Scan the QR code for more information.

Child and Family Health Service (CaFHS) provides **FREE** health checks for all children 0-5 years. CaFHS nurses visit preschools throughout South Australia to offer the preschool health check to children between 4 and 5 years of age.

#### What happens at a CaFHS Preschool Health Check?

The health check includes a discussion with you about your child's growth and development, immunisation status and will also assess your child's physical health including:

- height and weight
- oral health
- hearing
- vision



#### How do I make an appointment?

If you would like your child to have a preschool health check at your child's preschool:

- Book a time with your Preschool Director
- Complete the form on the back of this information sheet and the 'Watching your Child's Development' checklist included with this letter and bring them along with your child's 'Blue Book' to the appointment.

If you would prefer that your child has the preschool health check outside of preschool:

- Make an appointment with your child's General Practitioner or
- Make an appointment with your local CaFHS clinic by phoning **1300 733 606**.

#### How will my child's health check be used to support learning and development at preschool?

With your consent, the CaFHS nurse will share relevant information with preschool staff which allows us to work together to best support your child through the preschool years and beyond.

**2 - Child Youth Health check-** did you know that you can make an appointment at Mt Barker for your child's 4 year old Health Check. We have secured a day this term and hopefully 2 more this year for some checks to be completed here at kindy but only 7 appointments are available per day so we won't have enough for everyone unfortunately. If your child has already had their 4 year old check please let staff know so that we can plan for our available appointments.

## Future Dates

June

13th- Bush Kindy- Woodhouse Activity Centre

15th- NO KINDY- Pupil Free Day

7.00pm- Governing Council

29th- Wheel-a-thon

July

5th- Bush Kindy at Woodhouse

Last day of term 2

25th- First day of Term 3 ( 3 day week)



## Contact Us

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